



## TESTO UNICO FISE DELLA RIABILITAZIONE EQUESTRE

The Italian Equestrian Federation (FISE) Therapeutic Riding Handbook has been written for the FISE courses and for people who would like to have a book where all the most important aspects of TR are discussed.

The main features of the book are the simple talk and the wide range of subjects treated in.

After a general introduction, to point out TR history, horses symbolic aspects and FISE rules in its TR organization, clinical, technical and rehabilitative characteristic are examined.

From the clinical point of view, the authors stress out the value of TR in psychiatric rehabilitation, the EFP technique, the importance of Therapeutic Vaulting, in diseases like anorexia, the use of Carriage Driving in rehabilitative programs, the Equine facilitated Learning, the work with horses in a ample range of neurological and orthopedic diseases and all the most influent TR physical rehabilitative aspects.

The Psychology chapter describes the attributes both of the TR trainer and patients, in the more common empathic relationship we can observe in TR session.

In the end an essential section on veterinary and horsemanship.

An appendix finishes the book to show the main architectural rules to built stables in Italy and the opportunity in marketing and fund raising for TR equestrian centers.

Editors of book are Dr. Stefania Cerino, psychiatrist, Chief of Italian Equestrian Federation Therapeutic Riding Dept. and Prof. Massimo Frascarelli, childhood neuropsychiatrist, from University La Sapienza, Rome.

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The price of the book is € 24 + forwarding charges.

To purchase a copy, please contact Mrs. Emanuela Lori at [riabilitazione@fise.it](mailto:riabilitazione@fise.it).