



Federation of Riding for the Disabled International

September 2011 Newsletter

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Reach out to the
Therapeutic Riding
Community -
take advantage
of advertisement
opportunities in the next
2011 Membership directory



Dear Friends of FRDI/HETI,

The last couple of months have been very busy with traveling, attending conferences, board meetings as well as teaching workshops. It is always wonderful to meet new people and also put faces to the names I know through the office work. Connecting, exchanging ideas and helping each other is what our work is all about. Anna Struminski's report about the Leonardo Project is just one example and, of course the Congress in Greece 2012, will be another great opportunity for learning and networking. At the moment we are working on the 2011 Annual Membership Directory and the 2011 Scientific and Educational Journal. It is not too late to think about advertising - the deadline has been extended until October 15. Seize the opportunity and tell us about your programs, services and products. Feel free to contact me if you have any questions.

Sincerely yours,

Gisela H. Rhodes
Executive Director

**2010 FRDI Annual
Membership Directory**



The Federation of Riding for the Disabled International A.I.B.S.L.

Full Page: 8"x 6"
US \$175/\$200 (Member/Non
Member)

1/2 page horizontal: 3.9"x 6": US
\$95/\$120(Member/Non Member)

1/4 page vertical: 3.9" x 2. 9":
US\$50/\$ 75 (Member/Non
Member)

All Ads are in Color!

Deadline for submission
extended to: October 15, 2011

Please contact the office at
office@frdi.net for further
information



**2012 Congress for
Therapeutic Riding
Athens, Greece
April 24-27, 2012**

The Call for Papers is

President's Report

Greetings to all HETI
members,
The annual face to
face meeting of your
executive took place
in Athens in July this
year.

Whilst there we had
half a day off from
our meetings to
meet with the
committee

organising the HETI Congress in Athens in
April 2012. We had a tour of the congress
venue which is absolutely fantastic and
discussed the program arrangements at
length. The photos in this newsletter should
give you some idea of this beautiful venue.
There has been a vast amount of high
quality abstracts received and the Scientific
Committee will be kept very busy with the
selection process.

We are so impressed with all aspects of the
congress and look forward to seeing as
many of you there as possible.

All full members will have received a call for
Agenda Items for the meeting at the
congress and if you have any items you
would like to discuss please return them by
the required date.

Although we have been told that it is
approved, we unfortunately are still waiting
for the formalised sign off of our new name,
due to circumstances beyond our control.
For quite some time Belgium did not have a
government in place to constitutionally sign
off on any business. We should have it
finalised any day now!

I encourage you to spread the word to any
organisations or businesses who may like to
take the opportunity to advertise in the
next Annual Membership Directory. As we
have worldwide coverage this is a great
opportunity.

As always I remind you that we appreciate
your communications and any suggestions
you may have.

Pauline Perry
President



closed. Over 150 abstracts came pouring in and now it is time to review them all. We will notify you in time if your abstract has been accepted.

Visit the official website at [2012 Athens Congress](#) and

[The Congress Venue](#)
[The Royal Olympic Hotel](#)

Sponsorship Opportunities



The booklet features a central image of a woman kissing a horse on the cheek. Text on the booklet includes: 'THERAPEUTIC RIDING Horses in Education & Therapy', 'XIV Congress of Therapeutic Horse Riding', 'Athens, Greece 24-27 April 2012', 'Royal Olympic Athens Hotel', 'Congress Sponsorship Opportunities', and the FRDI logo. The website 'www.frdi-athens2012.gr' is listed at the bottom.

Please click [2012 Greece Congress Sponsorship Booklet](#) to learn about exhibition and sponsorship opportunities at the 2012 Congress in Athens, Greece

Riding Holiday in Mongolia by Masako Nasata



I went on the Riding Holiday in Mongolia with challenged riders from 18th to 22nd June, which is an annual event for me since 2001. Some people might remember my poster "RDA BEYOND THE BORDER" at the 2003 FRDI congress in Budapest, which documented my first holiday in Mongolia with challenged riders.

As usual I started to prepare for the holiday in January and we were about to decide in March who would attend, when the disaster happened in the East of Japan. After that, everyday life changed and lots of activities and events were cancelled in Japan. About the end of April, the life in Tokyo was gradually back to normal, but I was still thinking if we should carry out the holiday or not after such destructive disasters. After talking with some people the decision was finally made: "We will do it!" Since there were challenged riders and their family who would benefit from this chance right now, I was quite sure that the motto "if we could, we should" was appropriate.

20 people, including 6 challenged riders with autism, brain injury, Down syndrome, developmental disorder and visual impairments as well as their family, friends, volunteers were in our group.

They were all excited and nervous on the first day at the airport, but soon it changed to excitement, fun and relaxation in Mongolia.

Find us on Facebook 



Visit our new Facebook page
HETI - Horses in Education and
Therapy International
(formerly FRDI)

www.facebook.com/HETI.international



From left to right: Uta Rindfleisch-Wu (Taiwan), Lela Vavouraki (Greece), Jennifer Dixon-Clegg (UK), Ann O'Shallie (USA), Joanna Dzwonkowska (Poland), Dimitra Karouzaki (Greece), Marie-Therese Kuypers (Belgium), Pauline Perry (Australia), Gisela H. Rhodes (USA)

The Executive Board met in Greece with the Congress organisers to discuss the details of the congress.

CANTRA Conference,

Aya knew what was going to happen because she experienced it last year. She looked much more confident and happier than last year. It was really lucky for her that the same nomad man from last year accompanied her ride. He is not a



specialist for autism, but he would listen to her and knew what she wanted. He was ok when Aya muttered to herself. He just moved the horse and sang Mongolian songs. We count ourselves lucky that we can get depend on the support of warm-hearted reliable horse people in Mongolia. The third day was a day of challenge. We left ger (Mongolian tent) camp on horse at 9am and came back 5pm.

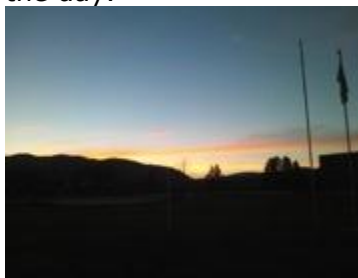


(Mongolian cello) play.

We rode across woods, river, and field, enjoyed picnic lunch in the field and a live music of Mongolian traditional song and Batouqin



Beautiful sunset healed fatigue at the end of the day.



Some of the challenged people and family were very happy that they could enjoy the holiday together without encountering the usual difficulties.

June 2011 on PEI



Gisela had the wonderful opportunity to meet the incoming President of CANTRA, Daphne Davey (left) and the outgoing President Eliane Trempe (right) during the visit on Prince Edwards Island. The conference was uplifting and inspiring with outstanding speakers. She enjoyed the lectures and appreciated to get new ideas for volunteer training sessions.

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The Riding holiday in Mongolia is easier than you would expect and with less stress, because we have appropriate support and we diligently prepare. The purpose is simple - just riding - and since there is much space, it is not a problem if somebody needs to run or scream. Moreover, people living in the spacious land of Mongolia are generous and welcome us.

It is also very good for the family who are usually bystander to share the experience of riding. They can see the joy of riding and realise how well their children ride.

The Holiday in Mongolia brought us energy and confidence.

ARIGATO
Mongolia!



Hippotherapy- Shared learning opportunities

SUMMARY OF THE WORKSHOP 2

by Anna Strumińska- manager of the Workshop 2.



Attendees:

UK: Lynne Munro, Denise Thompson, Christine Bowes,
Finland: Sanna Mattila-Rautiainen, Satu Halonen, Annette Lindroos, Anne Arajärvi, Lila Tauriainen, Lisa Hoffren, Anne Rokka,
Poland: Jadwiga Maznicka - Maciaszek, Marta Woińska, Ewa Kucińska, Anna Domachowska, Katarzyna Zawadzińska, Magdalena Matz, Katarzyna Skowrońska.

The second meeting of the Partnership project between Polish Hippotherapy Association, Equine College Hevosopisto Finland, and ACPTR U.K. was held from 15.04 - 17.04.2011 in Warsaw at the location of the Foundation for Disabled Children HIPOTERAPIA and in the Hotel Ursynów. This workshop was a continuation of the Leonardo da Vinci program partnership project, which main aim is to develop Hippotherapy education and

Network and a portion of your purchase goes toward FRDI's fundraising efforts.



Learn how to make a rope halter and support FRDI at the same time.

For more information, [click here](#).

The Mary Selway - Swift Development Fund

This fund was established from a bequest to FRDI from the estate of the late Mary Selway-Swift.

Mary was involved in the field of therapeutic riding over many years - in the United Kingdom and in South-East Asia (specifically in Hong Kong and Singapore). It was Mary's wish that this fund be used to promote and improve the educational opportunities, training and quality of riding therapy through the development of therapeutic riding programs internationally. She was particularly concerned for those in developing countries or in places which have limited access to training opportunities.

Any payments from the fund will be made annually on 7 OCTOBER on the recommendation of the Planning Committee of the FRDI Executive Committee.

Please contact the [FRDI office](#) for an application.

training. The project offers lifelong learning opportunities for teachers and students from Poland, Finland and U.K.

The second workshop was planned beforehand by skype conference meetings that were held by the core group Anna Struminska, Joanna Dzwonkowska (Poland), Lynne Munro, Denise Thompson (U.K.), Annette Lindroos, Sanna Mattila-Rautiainen and Anne Rokka (Finland). The structure and contents were available beforehand in Google documents. This virtual document is an efficient way to work. All of the participants can see and can write their own comments in real time.

The aim for this second meeting was to share the knowledge and skills in psychopedagogical aspects in hippotherapy. To bring up the core elements of hippotherapy education and critical evaluation of teaching methods.

Contents of the second workshop:

Friday 15.04.2011

The official opening was made by Anna Strumińska, she welcomed participants at the Workshop 2. After that Anne Rokka Project Manager also welcomed everyone at the Workshop 2. Anne reminded that this is a continuation of what started last year (Workshop 1).

The first lecture was presented by Lynne Munro (UK) and was about different teaching styles. Lynne presented four different learning styles: activist, reflector, pragmatist, theorist. Her lecture reminded us that while teaching others we should remember about different preferences of learning styles of our students and teach them in the most effective way.



Joanna Dzwonkowska and Aleksandra Szymańska (PL) had two main goals of their workshop. First was the integration of the participants and second goal was to sensitize participants to the needs of the disabled in psychopedagogical aspects in hippotherapy. The second goal was achieved by various practical exercises to

Upcoming Conferences

September 28- 30, 2011
V Brazilian Congress of
Equotherapy and
II Iberian-American Congress of
Equotherapy

Official languages: Portuguese and
Spanish

Location: João Pessoa city, state of
Paraíba, Northeast Brazil, Brazil
Information:

www.Equoterapia.org.br/congresso.
Email: congresso@equoterapia.org.br

October 13- 16, 2011

AHA Approved Level I
Hippotherapy Equine Skills and
Treatment Principles Workshop

Location: Therapy Services at Ride On,
Los Angeles, California, USA

Information: www.rideon.org.

Contact: Joann Benjamin

Email: joannbenjamin@vdn.com

Phone: USA 818.903.4768

November 1-3, 2011
SEMINAR "UPDATE KNOWLEDGE
ON THERAPEUTIC RIDING FOR
ADVANCED LEVEL TRAINERS"

with Marietta Schulz and
Andrea Pleuser-Bultmann

Location: Therapeutic Riding
Association of Greece,
P.Kanellopoulou 10, Goudi, Athens
Language: English

For more information please call:
+30 210 7488566

e-mail: triding@otenet.gr
www.trag.gr

November 9-12, 2011
2011 PATH Intl. Conference
and Annual Meeting

Lexington, KY
www.narha.org

show participants some difficulties which
their patients might be facing.



Then Annette Lindroos (FIN) presented two lectures. First one was the introduction of the Finnish hippotherapy education and the psychopedagogical aspects in hippotherapy. Riding skills are not primarily taught for the client in hippotherapy. Second presentation was about the hippotherapy triangle which is bond/relation between the horse, the rider and the therapist. The processes and dynamics in the triangle are changing depending on the individual needs of the patient and the relation with the horse and the therapist.

Movement Dialogue and was presented by Liisa Hoffren (FIN). Movement dialogue has many different forms. Common and well known form is to use the movement of a horse's back but the movement dialog can also be used when not mounted. Liisa reminded us that not the same movement dialog is proper for everyone, it all depends on development of the patient and his/her environment.

The last lecture was presented by Lila Tauriainen(FIN). It was about the skills and knowledge a student must have in order to interpret the actions of a horse during a therapy session and use that information as a tool to rehabilitate a patient. Lila highlighted that it is important to know your horse and his reactions when you are using his behavior in different therapy situations. It is easier to train your horse to co-operate with you if you have a good relationship with your horse and he respects you.

Later, the core group met to plan future meetings.

Saturday 16.04.2011

The day started with the workshop of Barbara Gąsiorowska and Joanna Salbert (PL) concerning children games and their role in the child development. The

December 12 -15, 2011

**HELLENIC ASSOCIATION FOR
THERAPEUTIC RIDING**

International Seminar for
Therapeutic riding
LEVEL I

The first part of a three-Level
course, which will be completed
within 12 to 18 months in Athens.

Location : Olympic Equestrian
Centre, Athens, Greece. (next to
the airport)

Information : www.elethip.gr

Phone : (0030) 6977 20 11 86

Contact : Irene kapari

Email : info@elethip.gr

Calendar Updates

**Remember to send your
important dates - workshops,
trainings, competition etc. in
English to the office.**

**We will promptly publish them
on the website!**

participants worked in groups and presented popular children games in the UK, Finland and Poland. The main difference was found in the role of the horse in the therapy process. The Finnish hippotherapy represents method of "work with the horse", the horse is equal with the therapist. The UK and the Polish hippotherapy represents method of "work on the horse", the main concentration is on the relation between the therapist and the patient, while using the extra motivation and stimulation coming from the company of the horse.



Afterwards there was a presentation of the children games from each country during the practical session on the horses, which was held by Natalia Smagacz (PL). One person from each country had a chance to show the rest of the participants how these games are adapted during the session with the patient. There were three horses available during this practice.

Barbara Gąsiorowska and Joanna Salbert presented other methods of working with children: "Knill" and "The Dots". One group was practicing Knill's methods on therapyballs inside and at the same time another group was practicing outside with horses the Dots with Natalia Smagacz.

All participants traveled to the campus of the Warsaw University of Life Sciences - SGGW to enjoy dinner. It was a great social occasion, also three husbands of the Finnish participants joined us during the dinner. The day was full of new experiences and we had new subjects to discuss during the meal.

Sunday 17.04.2011

Sunday began with the lecture about Alternative and Augmentative Methods of Communication presented by Joanna Dzwonkowska and Joanna Piłat (PL). The authors presented three systems of facilitated communication designed for people with hearing and speech

impairment: Pictograms, Makaton and PCS. The participants worked together on creating international Pictionary of concepts and terms related to hippotherapy.

Aleksandra Szymańska provided the summary of the Workshop 2. Aleksandra reminded us in a few words about each lecture and workshop that took place during last 3 days.

We discussed our own styles of learning and if we are using this information for our students to achieve better teaching methods. Then we talked about communication and our professional therapy methods. Further discussions about the hippotherapy triangle and the movement dialog took place.

It was agreed upon that during hippotherapy a mentally ill person is treated by professionals in the psychiatric field. In the UK the majority of hippotherapists are physiotherapists, but they are prepared for working with all kinds of patients.

Not all groups were of the same opinion about mixing other rythmical methods like Knill and hippotherapy.

The group is looking forward to the continuation of this project.

We welcome your feedback!
Share your information, stories and photos with us!
I look forward to hearing from you!

Sincerely,

Gisela Rhodes, E.D.

Federation of Riding for the Disabled

A.I.S.B.L.

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