



# Newsletter

Horses in Education and Therapy  
International, AISBL

July 2014

## From the President

Dear Members:

Since our last newsletter HETI has continued its pilot program to certify instructors. This three-phase curriculum provides the basic educational background needed to facilitate the certification of instructors who will be able to provide safe and meaningful experience for students. It began last summer in Taiwan and expanded this spring in Indonesia and Portugal. The goals of the program are discussed on page five of this newsletter. We are very encouraged with the initial results and we welcome inquiries from those interested in these trainings. Just contact the office.

A reminder that our reorganized membership levels include a new Business membership. This category provides advertising opportunities for entrepreneurs. Please ask your colleagues in business to support HETI.

Our thanks to Norma Pearce for her remembrance of Carl Klüwer. He will be missed by the HETI community.

Sincerely,  
Ann O'Shallie  
President

## Professor Dr. Med. Carl Klüwer, former HETI President, Dies at age 92

By Norma Pearce

It was with considerable sadness that I learned of the passing of Carl Klüwer at the age of 92 on 2 July 2014. Dr. Klüwer was one of the most senior founding members of The Federation of Riding for the Disabled International (now HETI), and a personal friend whose wise counsel I valued.

Our Federation has been formally constituted since 1991, but it is appropriate to reflect a little on events leading to its official formation. Prior to 1991 there had been a loose confederation of countries where therapeutic riding was practised. A gathering of those countries and other interested groups held triennial conferences, where expertise was shared and opportunities taken to develop programs.

In 1982 I attended my first international congress in Hamburg representing Australia. It was there that I first met Prof. Klüwer, and in the



days of the Congress I could see that he was someone whose opinion was respected. He used Therapeutic Riding as a treatment

modality with his patients and was happy to share his expertise and outcomes with others. Carl was always present at successive Congresses with his cheerful smile and warm personality. As attendance at these meetings increased, and opportunities for cooperation and exchange of ideas became more desirable the idea of a formal federation became a reality. A working party was formed to prepare a Constitution for acceptance by those countries desirous of becoming members.

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# Call for Papers for 2015 Congress

By Uta Rindfleisch-Wu

In less than a year, June 22-25, the XV. International Congress will be held for the first time in an Asian country.

The organizers in Taiwan have decided to work together with an university, the Aletheia University in Danshui, in order to reduce costs and free up funds to invite high-profile speakers. One of them is Dr. Andrew McLean from Australia, who will talk about training principles that arise from learning theory. Dr. McLean has won the highest Australian Science award, the Eureka Prize for Science, and manages the "Australian Equine Behaviour Center (AEBC)", which he also developed. Not only did the Belgium Mounted Police use his training principles to train their horses, his wife also succeeded to prepare the horse of the Australian Para Eques-



*Dr. Andrew McLean, leader of the Australian Equine Behaviour Centers (AEBC)*

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trian Joann Formosa in a way that enabled her not only to communicate successfully with her horse, but also to win a gold medal at the 2012 London Paralympics, which meant that she defeated the most successful Para Equestrian of the world, Lee Pearson, on his home turf. Dr. McLean will present his principles in theory and practice.

From New Zealand we will have a speaker who is not talking about the education of the horses, but about education with the help of horses. Mr. Joseph Driessen captivates his audience not only by the content of his speeches, but also by the way he is presenting. His major field of work is the education of boys in our society, in which most of the teachers are female.

Good research is essential to our field of work in order to gain recognition and apply for financial support. This topic will be discussed in a special forum to which we have invited two speakers, namely Dr. Patricia Pendry from the Washington

State University, who will talk about high quality research in the area of Equine assisted education and therapy, and Physiotherapist Catherine Sykes, who will speak about data collection and research with the help of ICF (International Classification of Function). In another forum we will discuss the prerequisites to include mentally challenged riders into the Para Equestrian classification system. To this end we have invited Prof. Jan Burns of the UK, who was responsible for the classification of mentally challenged athletes into the London Paralympics.

Australian national performance director and coach of Dressage and Para Equestrian, Julia Battams, will show that the pressure pad is not only useful for research, but also for rider training, because it reveals very interesting insights about the influence of the rider on the horse through the saddle. Mrs. Roslein Wilkes from New Zealand not only

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# Former President Wins Award

By Daphne Davey

Former HETI President Gillian Lawrence received the Governor General's Caring Canadian Award on April 8 in Ottawa, Ontario. This Canadian award honors volunteers whose unpaid voluntary contributions provide extraordinary help or care to individuals or groups in the community. It was presented by David Johnston, the Governor General of Canada.

The contribution Dr. Lawrence has made to the therapeutic riding movement in Canada and internationally is both long-standing and vast. Without doubt she is more than deserving of this prestigious award and such recognition is long overdue. While this article focuses on her national and international accomplishments, she has also been a prime builder of therapeutic riding in her home province of Nova Scotia, as well as the Maritimes region of Canada.

Gillian was a founding board member of CanTRA and later served two terms as president.

The first program developed by CanTRA was Instructor Certification, for which a training manual was needed where none previously existed in Canada. At that time, when few local programs were in operation and almost no one knew where the others were, a great learning process was occurring across the country. Gillian chaired the CanTRA Medical Committee that wrote the Instructor Certification Manual. Today, all trainees and graduates use this manual as their main study and reference guide.



*Dr. Lawrence receives her award from Governor General David Johnston. (Photo: MCpl Vincent Carbonneau, Rideau Hall, 2014)*

Gillian served as president of the Federation of Riding for the Disabled International [now HETI] from 1997 to 1999. Her budding interest in elite para-equestrian sport led to her becoming an International Classifier, serving as an official at the debut of Paralympic Dressage competition during the Paralympic Games in Atlanta (1996), and again in Sydney (2000).

Largely due to Gillian's leadership, Canada's first venture into international competition was at the 2nd World Dressage Championships for the Disabled in Denmark in 1991 when she served as chef d'équipe.

The results spoke for the major role she played: an individual gold medal and a team bronze. She later served as chef d'équipe at the 3rd World Dressage Championships in England in 1994 when Canada won the team silver medal.

*Daphne Davey is President of the Canadian Therapeutic Riding Association.*

## Call for Papers

*Continued from page 2*

will explain the different Equestrian disciplines of the Special Olympics, but also practice with the participants how to choose the right horse for the riders in the short time given. Dr. Gabriela Wagner from Austria will demonstrate how the physio ball can help riders to improve their performance.

Special Guest of the Congress will be the most accomplished Asian Equestrian, Laurentia Tan from Singapore, who has won two bronze medals at the 2008 Beijing Paralympics and one bronze as well as one silver medal at the 2012 London Paralympics. She will share with the Congress participants how her achievements in the Equestrian field have changed the way how disabled people are perceived in the Singaporean society. She has since then received many awards, like the prize of the best female sports person of the year in 2013.

But not only the invited speakers contribute to the success of the Congress, the scientific presentations from participants from all over the world are also of utmost importance. Abstracts can be submitted online until January 20, 2015. New included topics are "Social Inclusion", "ICF as a Research Tool", "Riding as a Fitness Sport", and "Trauma and posttraumatic Stress Disorder". Participants, whose abstracts have been accepted, may register for a reduced fee, a novelty at this Congress. Other new features are all inclusive fees (speeches, workshops, welcome party and farewell party) and a pick-up service at Taoyuan International Airport on June 20 and 21, in order to insure a smooth transfer to the hotels in Danshui.



*Laurentia Tan und Uta Rindfleisch-Wu of the local Organization Committee at a WEG-Qualifierin Moorseele, Belgium*



*Danshui is situated north of the capital Taipei, at the estuary of the Danshui river.*

Please also refer to our website and don't forget to like us on Facebook in order to stay informed.

*Uta Rindfleisch is a member of the Board of HETI and the Executive Coordinator*

*of the HETI XV Congress, to be held June 22-25, 2015 in Taiwan*

**Congress website:** [heti2015.org](http://heti2015.org)

**Facebook:**

[www.facebook.com/heti2015](http://www.facebook.com/heti2015)

## Carl Klüwer

*Continued from page one*

Carl Klüwer was the chair of that committee and I was privileged to be a member, and work together with him and other committee members to produce a constitution which was acceptable to the international community at that time.....so FRDI was formally constituted in Denmark in 1991. Constitutions are always difficult documents to create and ours was no different. It had the extra complications of the need to make it acceptable in different jurisdictions, and in language which was understandable and acceptable to all. Throughout the whole process I was impressed by Carl's ability to guide and direct, while listening carefully to all opinions.

Carl's ability to listen was a characteristic of his dealings with so many people. He was elected President of FRDI at the Denmark meeting in 1991 – a position he held for six years. I was a member of the executive during those years. During that time some executive meetings were held at this home in Bergisch-Gladbach where he was always a genial host. I recall one meeting in December, when it was snowing outside. We had met for several hours during the day and were in need of a change of scenery and activity. Carl encouraged us to “rug up” and join him in a walk to nearby stables, where his beloved horses were located. The moon was shining, there was a light fall of snow as we walked and talked together. He received a very warm welcome from his equine partners and we were all able to see the empathy he had with them. This made it easy to see how he was able to work with them for the therapeutic benefit of his patients.

Over the years it was a pleasure to meet him and others from those

early years. He was a regular attendant at FRDI Congresses – always with a cheerful smile and often wearing his hat with the little feather in the side. He has been a great “father” figure for our Federation and many have benefitted from his wise counsel.

I express my sincere sympathy, and I am sure, the sympathy of other members of our Federation to Carl's family. I can assure them that although he has physically passed from us, his memory will live on in all of us who remember him and his dedicated work.

Farewell Carl...well done.

*Norma Pearce is Former Executive Board Member -1991 – 1997 and Executive Officer 1997 – 2009.*

## HETI Sponsors

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## HETI Level I Instructor and Certification Program

The Horses in Education and Therapy International (HETI) Level I Instructor Training and Certification Program provides the basic educational background to facilitate the certification of instructors who will be able to provide knowledgeable, progressive and safe equine experiences for their students who are physically, cognitively, or emotionally disabled.

Level I Instructor Training and Certification is comprised of three phases.

Phases I and II include theoretical and practical learning in the areas of:

- ◆ design and management of the riding program
- ◆ building the team the horse
- ◆ definition of physical, cognitive and emotional disabilities
- ◆ developmental and postural responses
- ◆ tack and adaptive equipment
- ◆ horse handling
- ◆ equine gait analysis
- ◆ developing your eye
- ◆ horse and rider working together
- ◆ selection and training of mounts
- ◆ methods of knowledge transfer
- ◆ therapeutic riding techniques
- ◆ mounting and dismounting techniques
- ◆ use of volunteers and assistant instructors
- ◆ goal setting, lesson planning
- ◆ hands-on teaching

Phase III is the certification phase. For information, contact the HETI Office at [office@hetifederation.org](mailto:office@hetifederation.org)