



# newsletter

LA FEDERATION INTERNATIONALE D'EQUITATION THERAPEUTIQUE

September 2008

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**OFFICERS 2006 - 2009**

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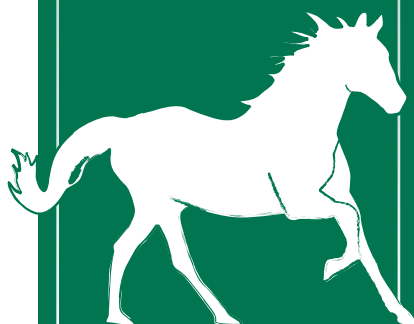
Mrs. Carolyn Walker

**Public Officer**

Mme. Marie-Therese Kuypers

**Secretary**

Miss Norma Pearce



## OFFICE DETAILS

Please note that the Office is open Monday, Wednesday & Thursday from 10.00am – 5.00pm (Eastern Australian time). We endeavour to attend to all mail the day it is received or as soon as possible after that. Members who may be visiting Melbourne will be made very welcome, so do contact us if you are travelling in the land of OZ!

**ADVANCE NOTICE:** Norma is taking leave from the Office from 15 December '08 – 11 January 2009. She will try to respond to urgent emails during that period, but requests your patience if there is some delay during the vacation period.

## NEWSLETTER CONTRIBUTIONS

Our newsletter is an important communication tool to keep everyone informed of members' activities worldwide. We encourage you to send items of interest to the Office for inclusion in the newsletter. Include your logo and one or two clear photos.

## TWINNING

At the Open Forum held during our Congress in Brazil a suggestion was made regarding the possibility of "Twinning" of member groups in different countries – i.e. linking a therapeutic riding group or program in one country with a group of similar size in another country. Programs could be shared via film, videolink – correspondence between clients – the possibilities are endless. If you are interested in participating in this idea please contact the Office with details of your program and the country with which you would like to be involved. In this electronic age the world is truly becoming a "global village". We encourage members to establish links in this way.

## SPONSORSHIP

We continue to seek sponsorship for publication and distribution of the newsletter and the Scientific & Educational Journal of Therapeutic Riding. The Executive Committee would be pleased to hear from any member with suggestions of potential sponsors or donors whom they could approach. FRDI has members in over 50 countries now. This ensures a wide distribution and opportunity for a sponsor to advertise internationally.

## SEND FLOWERS & HELP F.R.D.I.



Order flowers to send to your friends and loved ones through Petals Network!

Members will have seen the "Petals" Banner on the FRDI website. Did you know that when you order your flowers through Petals Network, a portion of your purchase goes toward FRDI's fundraising efforts?

Petals Network have a beautiful range to choose from...bouquets, arrangements, roses...and they do **same-day delivery throughout Australia and the UK** and next-day delivery to more than 70 other countries throughout the world.

The service is efficient, as those who have used the service will agree – and FRDI benefits. Click on [www.frdi.net](http://www.frdi.net) to order online today!





## STOP PRESS

**Barbara Heine**

Many FRDI members will have attended courses conducted by Barbara Heine, or will have benefited from papers she has presented at FRDI international conferences. Barb is a physiotherapist and hippotherapist, former director of the National Center for Equine Facilitated Therapy (NCEFT) in California. She is now living in Australia where she has been the catalyst for the establishment of Hippotherapy programs and training personnel, and is chair of the national Hippotherapy Committee. Barb was also a member of the FRDI Medical/Therapeutic Committee.

We are concerned to learn from Barb that she has been diagnosed with a rare and aggressive form of lymphoma called Mantle Cell Lymphoma. She advises that it is treatable, but the treatment is equally aggressive and will take up all her time over the next few months. She has commenced treatment, and although suffering the usual effects of chemotherapy remains very positive. In order to save her the effort of contacting her many friends with this information we offered to publish this in the newsletter. All her many friends in the FRDI community assure Barb of our support and send her many positive thoughts. *Ed.*

## CONGRATULATIONS

**Octavia Brown**

Octavia Brown, Past President of FRDI and a long time member of our Federation (since 1995), recently received an honorary Doctorate of Humane Letters from Centenary College.

Currently an Associate Professor of Equine Studies and the Director of Therapeutic Riding at Centenary (TRAC), she has been involved with the College in various capacities since 1993. She is recognized for her strong leadership and her lifelong commitment to equine-assisted activities. Her commitment to equine assisted activities has extended to the international community. Jean Tebay and Octavia edited the first Directory of Education & Training for FRDI – together with several subsequent issues. We take great pleasure in offering our Sincere Congratulations, Octavia!...from all your FRDI friends.



## NEWS FROM AROUND THE WORLD



### CZECH REPUBLIC: OS-SVITANI EUROPEAN CONGRESS, VIENNA 11 – 13 APRIL 2008

OS-Svitani from Czech Republic has recently joined the FRDI family. Their chairwoman - Iva Michalska shares the following details of their operations with us.

#### OB\_ ANSKÉ SDRU\_ ENÍ SVÍTÁNÍ JABLONEC NAD NISOU, CZECH REPUBLIC, EUROPE

Ob\_ anské sdru\_ ení Svítání Jablonec nad Nisou (OS Svítani) is a non-governmental, nonprofit EAAT organization located in the North Bohemia, Czech Republic. The historical roots of the organizations go to 1991. However, as OS Svítani has been operating since 1999 with the vision to offer additional rehabilitation treatment approaches and activities to persons with disabilities. Our primary mission is to provide Hippotherapy and Therapeutic pedagogy-psychology riding for children and adults with focus on improvement of their overall health condition, and operate in the area of the health prevention as well. The services are provided by five staff members, five volunteers and four horses. OS Svítani rents stable and arena space from a riding club in Liberec, so we can run all year, serving 52 individual and group therapy sessions per week. On the premises, there are outdoor and indoor arenas, paddocks, waiting area for clients and staff room. The entire riding club is wheelchair accessible and accessible by public transportation. We perform approximately 1400 treatment sessions per year for more than 100 clients with neurological, orthopaedic, psychological or psychiatric disorders. The association organizes open free-time activities like Child's day, Spring carnival, Christmas day, etc. to promote integration

and sharing personal and/or treatment experience among clients, their families and caregivers, professionals and the public.

Promoting education and awareness in EAAT industry among both professionals and public is our second and very important mission. OS Svítani has been recognized by the Czech Therapeutic Riding Association as an "EAAT training centre" since 2003. We provide workshops, lectures, counselling, internships and horse training. All workshops and lectures have received CMU hours by the national associations of physical and occupational therapists; some of them we are able to carry out in English. We published 2nd edition of the educational CD-ROM "Practical guide in EAAT" last year and issue an electronic newsletter "Bulletin OS Svítani" bi-monthly.

The position of EAAT in our society is similar to other countries. We struggle with financial coverage, lack of acknowledgment by our government, health professionals and health insurance companies. Nevertheless, our team has gone a long way together and we are more and more convinced about the efficiency of this treatment approach and our happy and improving clients are our biggest reward.

Contact Iva Michalská,  
Chairwoman of OS Svítani

Email: os-svitani@email.cz

Website: www.os-svitani.cz



OS Svítani Therapeutic Riding Team



Horse and Rider Taking Instruction

# Associazione "Lapo"

## ITALY

### ASSOCIAZIONE "LAPO", "ELISA 1" SADDLE

"Lapo" Association has bought the patent of a special Italian saddle for Therapeutic Riding: "ELISA 1" saddle, for its scientific validity demonstrated over the years most of all in the severe neuromotor disorders. This saddle was invented in 1995 by a riding instructor, Francesca Gentile, who also made a report on it at the IXth International Therapeutic Riding Congress "Riding the Winds of Progress" Denver, Co, USA, July 14-19, 1997.

It is an english riding saddle with a special handle, which serves to maintain an adequate trunk posture with open shoulders. The essential characteristic of "ELISA 1" are:

1. The form of the handle: it's a high, upside down and forward slanted trapezoid (Fig. 1-2): the top side is wide and almost breast-high to provide not only a secure grip but also to maintain the shoulders opened, preventing any kyphotic posture; the slight forward slant allows to inhibit any extensory pattern. So, with this handle we can ensure a correct bilateral grip and most of all a correct posture which works at straightening the trunk favouring the righting mechanisms, allowing a complete pelvic mobilization, promoting the acquisition of balance and the independence of the movements of all other parts of the body.
2. The handle is an extractable handle (Fig. 3 A). The possibility to remove the handle also allows the saddle to be used in normal riding schools: With one simple operation, "ELISA 1" transforms into a regular saddle suitable for beginner lessons, at the same time enabling it to be used without any difficulty in the execution of gymnastic riding exercises and forward bends normally carried out in TR lessons and most of all to mount and dismount the horse without difficulty.
3. "ELISA 1" is made of extremely soft leather and is resistant and capable of absorbing the impact of accidental bumps, guaranteeing absolute safety for the disabled. This saddle in natural leather is furnished with 2 size handles (Fig. 3 B-C): small and large. The padding of the anterior handle has been designed and made with special care in order to reduce to a minimum any risk of impact.

Location Associazione "Lapo" Via Susini 14,  
50125 Firenze, ITALY

Tel: +39.055.4298431

Fax: +39.0554298432

Website: [www.associazione-lapo.it](http://www.associazione-lapo.it)



Figure 1



Figure 2



Figure 3



## GERMANY

### FOERDERKREIS FÜR THERAPEUTISCHES REITEN-CELEBRATES 20 YEARS OF THERAPEUTIC RIDING IN GERMANY

On November 1st 2008 Foerderkreis is having an anniversary party in Wetter, Germany.

The meeting starts at 2pm and is planned to be open ended. They will look back on 20 years of training Riding Therapists by "Foerderkreis Therapeutisches Reiten".

A Highlight will be a talk about "When does the Horse become a co-therapeut? The Part of the horse in Therapeutic Riding based on humanistic principles" held by Dr. Ulrike Thiel.

Everybody who is interested is invited to join us. There will be talk, food and music.

Contact Katja Lipp-Roeben

Website:

[www.foerderkreis-therapeutisches-reiten.de](http://www.foerderkreis-therapeutisches-reiten.de)



## UNITED KINGDOM GOD UNLIMITED

One of our new members – a GP from England shares her experience of the benefits of equine therapy.

### STARTING UP IN ENGLAND

What an adventure! What a challenge! My role as honorary executive officer of GUL can sometimes feel daunting but each small triumph helps to spur us on. At times when the rigor of general practice within the National Health Service and work as a substance misuse specialist within prisons can seem too much to manage the equine therapy work can be uplifting and encouraging.

My personal link to Equine Therapy started some 15 years ago when I realised how valuable the presence of a horse was to both myself and to others. I discovered that I needed time with my own horse to put things back into perspective after complex days at work and extended this to my role as a GP. I found I managed people's emotions better, and with less cost to myself, if the session took place on or around horses and so began the work I first called "Riding for the Emotionally Disabled", little imagining this would stay with me and indeed grow into what it has become today.

Our charity, GUL, is run by a Celtic Christian community and has been in existence in a very small way for some two years now.

We believe that being outside and involved in activities, particularly around horses, promotes health. Whilst we are a faith based group that is more about us, the workers, than the charity itself and people of all faiths and no faith are made equally welcome.

Through an article in the magazine of the British Horse Society we found we were not alone and started to attend the meetings hosted by the members of FRDI in UK.

We found a warm welcome in April of this year and have been moving forward at a faster pace since then, joining as associate members of FRDI in May.

We have been delighted to receive journals and newsletters and are hoping to attend next summers conference. It seems we are joining at an exciting time with increased interest in the therapy FRDI provides together with an increasing amount of data available for justification of our work.

Our team is made up of volunteers and part time staff and consists of physiotherapists, nurses, therapy assistants, GPs, a caterer, British Equestrian Tourism qualified horse people and a Yard Manager.

Because the charity offers other outdoor therapeutic activities, not just equine activities, we have team members with other outdoor pursuit qualifications such as climbing, walking, lifeguarding, cycling and paddle sport! Young people from the village are now beginning to help through the services element of the Duke of Edinburgh scheme which adds to our team's energy levels.

Our model is loosely based on a medical one and our definition is simple: therapy is an intervention designed to improve the physical, social or mental well being and functioning of an individual

We currently provide EAT at its most basic to local children who would otherwise not afford the fun of being with ponies. We watch them grow in confidence, balance and coordination and will take children as young as three as we use a high helper to child ratio. We currently have space for some 25 children and this is usually full.

We also take young people from two local specialist schools and offer them:

- work experience
- the opportunity to work with our Yard Manager on basic equine qualifications
- the opportunity to use numeracy & literacy skills
- riding skills
- physical improvement exercise.

We are currently only staffed to take children with considerable need on an individual basis and only provide this service two days a week, but this year we intend to move to four days and offer services to a third specialist school.

Our yard consists of 7 native ponies and horses, from Shetlands to Welsh section Ds, most of whom are elderly.

In terms of qualifying people for this work we currently have a student who is halfway through training to become an Equine and Exercise Assisted Therapist. Her degree includes equine studies, life sciences including neurophysiology and exercise application and her training includes gym and riding instruction qualifications. We are watching her progress with interest!

Our future hope is to grow the work, using the lower level therapy to fund more complex work with people with PTSD, recovering addicts and those whom mainstream services find it hard to help because of the complexity of their disability

With our future plans the governance of our work is very important to us, particularly as so many of the team are from a health professional background. Because of this we welcome the opportunity to join with others working in the field of Equine Assisted Therapy and look forward to travelling onwards with the FRDI .

Contact Celia Grummitt  
Email: [office@god-unlimited.org](mailto:office@god-unlimited.org)  
Tel: 44 1980 621712



## SAUDI ARABIA

### OPEN SKIES THERAPEUTIC RIDING DAYS

Judy Houry, one of our new associate members gives us an outline of the establishment and progress of “Open Skies” in Saudi Arabia.

**1996** – Judy arrived in Jeddah to open a charitable therapeutic riding operation for Durrat al Arus. After 6 months it was decided not to continue with this operation.

**1998** – Judy and her 2 horses moved to Al Aseel Equestrian center for a temporary stay and later to the Arabian Horse Center. During this time 3-4 disabled children continued their riding with Judy, and continued throughout the years.

**2004** – Judy and the 3 horses moved again – this time to Al Adeyat Arabians Stud and started the therapeutic riding program in earnest, working with the Disabled Children’s Association & Hope Center. It was here, standing on the hill under the vast Arabia sky, looking at the children and their smiles, that the name Open Skies was coined. Judy Houry felt that this somehow embodied the expansion of the children’s lives, whilst on their horses.

**2005** – the operation moved to Al ward Arabian Horse Stud which they hoped would be the permanent home of Open Skies...unfortunately not. During this time an elderly mare was donated to the program.

**2007** – Judy was awarded the MBE for her work – or was it for her blind determination to make it all happen?

**December 2007** – Open Skies’ truckload of equipment and 4 horses moved to Al Aseel Equestrian center where Bassam Noor has welcomed them and offered them a haven. A retired English polo pony was donated.

Financing for the operation over the years has fallen on Judy who slowly built up equipment & maintained the horses from her own funds.

**June 2005** – the British Women’s Group started to help support the program and others in the British community followed. Pupils of the Continental School have adopted one of the horses & taken care of him for a year. Judy’s personal funds continued to flow into the operation until December 2007 when sufficient support finally became available for the near future. Judy operates Open Skies voluntarily. For the past 4 years riders have paid SR 50 per ride provided they have the funds to pay. These funds were put to general expenses. Currently Open Skies is able to support 44% of the riders.

Judy is pleased to report that Open Skies now has its own arena, office, seating area & special toilet

built at the stables with funds & items from donors. The father of a rider donated money (far too much!) for a horse and THE perfect little stallion (now gelding) was found & joined the gang. Open Skies is now mounting around 70% of the children for free.

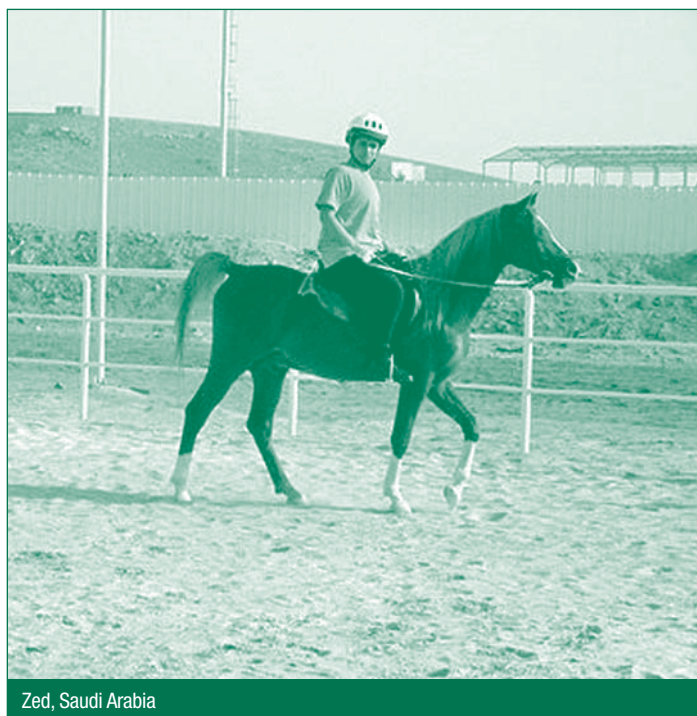
Judy comments on the demands of the center – not only an arena is required but a lot of space for the operation. On each riding day there are 15 – 20 riders with a disability, milling around, mounting & dismounting horses; 20 or more volunteers helping; 5 or 6 horses; the usual equipment such as poles, flags, buckets, balls etc with cars and coaches coming and going. In addition there are quite a few able-bodied siblings running around, plus parents, nannies and therapists etc...a familiar scene for many FRDI members.

Some privacy for the parents is required to enable them to sit and watch their riders and be able to empathise as EVERYONE’S child has a disability. A rewarding offshoot of the program is that it has in some ways become a small support group for these parents. Such groups do not abound in Jeddah.

*Ed. Thank you for this glimpse of a program under the desert skies.*



Omar, Saudi Arabia



Zed, Saudi Arabia



## SEMINARS & CONFERENCES

### OCTOBER 2008

#### October 9 – 10:

Therapeutic Riding Seminar in Korea

Members in Korea are pleased to announce a Therapeutic Riding Seminar commencing on October 9. Activities will take place near Seoul. Presenters will come from FRDI and NARHA. Some Korean presenters will also report on their activities with medical results.

On October 10 the associations in Korea are holding big promotional events for therapeutic riding with more than 500 participants. The events will comprise an introduction to Therapeutic Riding, demonstration and trial rides for the participants. Anyone interested in joining the Seminar and promotional events please contact Amy Lee.

Tel: 82 31 461 6637

Mobile: 82 10 9290 7103

Email: [ji02.lee@samsung.com](mailto:ji02.lee@samsung.com)

### NOVEMBER 2008

#### 3, 4 & 5 November:

T.R.A.G. (Therapeutic Riding Association of Greece) Therapeutic Riding Seminar in Athens, Greece "Horse Training for Therapy"

Seminar Instructors Ms Marietta Schulz, Dipl. Paed/ Riding and Vaulting Instructor FN Germany and Ms Andrea Pleuser Bultmann, Dipl. Physical Education/ Vaulting Instructor FN Germany.

Location: P.Kanellopoulou 10, Goudi, Athens, Greece

Tel/Fax: +30 210 7488566

Email: [trag@acn.gr](mailto:trag@acn.gr)



### MAY 2009

#### May 1 - 3:

CanTRA Conference/Conférence ACET 'Liaison Cheval' ("Horse Connection")

CanTRA is pleased to announce that our 2009 Conference, entitled 'Liaison Cheval' ('Horse Connection') will be taking place in Sorel-Tracy, Quebec, May 1 – 3, 2009.

International speakers in addition to Canadians well recognized in the field of Therapeutic Riding will present a dynamic and educational program.

**Anita Shkedi, M.Ed., (Israel):** Anita will focus on working in the ring with children with autism. Anita is internationally recognized as an expert in the field of Autism Spectrum Disorder and has presented at FRDI conferences.

**Christian Lowe (Ontario):** Christian is known throughout Canada for his expertise in making and



fitting saddles to the horse to ensure the ongoing health and safety of the animal and the rider.

**Pippa Hodge - P.T. (British Columbia):** As a pediatric physiotherapist and a founder member of the American Hippotherapy Association, Pippa is a driving force behind this movement in Canada and serves on CanTRA's new Canadian Hippotherapy Committee. She has over 25 years of practical experience in the therapeutic benefits of horses.

**Danielle Champagne, P.T. (Quebec):** Danielle is a physiotherapist specializing in Hippotherapy and will be sharing her research into this field.

**Mary Longden, (Australia):** Mary is a former coach of the Canadian Paralympic Dressage Team, International Level Three Coach and International Paralympic Dressage Judge, Chair of the FRDI Sport & Recreation Committee, an International Speaker and Author of "Teaching Disabled Riders: & "Coach with Courage".

**Marc Andre Blouin, (Ontario):** Marc is an Equine Nutritionist and will be speaking on the particular care required for the older horse, a key area of interest for a number of therapeutic riding centres.

**Nanci Picken, (Ontario):** A CanTRA Coach and Examiner Nanci is also a Consultant to CanTRA in her role as Development Co-ordinator, focusing on the development and ongoing support to member centres, instructors and candidate instructors. Nanci will be facilitating a session on specialized tack.

**Dominique Chagnon, (Quebec):** Dominique is President of Fédération Équestre du Québec (FEQ) and will be our guest speaker at the Saturday evening awards banquet.

Registration details, prices and a complete schedule of events is available on the CanTRA website at [www.cantra.ca](http://www.cantra.ca), or you can contact the CanTRA office directly for more information.

Location: Auberge de la Rive, Sorel-Tracy, Quebec

Tel: (519) 767-0700

Email: [ctra@golden.net](mailto:ctra@golden.net)



### AUGUST 2009

#### 12 – 15 August:

XIIIth International Congress of Therapeutic Riding – Munster, Germany

YOU ARE IN DEMAND!!! Call for Papers and Ideas for the Congress. Closing date for Applications 16 January 2009

We would like to call your attention again to our website [www.dkthr.de](http://www.dkthr.de), catchword "Kongress". There you can submit Ideas for lectures, workshops and posters about the online abstract system in German and English language.

If you have any problems with this system, please don't hesitate to contact us on +49 25 81 92 79 –194. We would like to help you!

Only with your ideas and proposals can we organise the congress successfully.

We are looking forward to hearing your ideas!

#### Your Congress-Team

### CONTACT PERSONS FOR THE VARIOUS AREAS

#### Hippotherapy

Contact: Hannelore Benke

Email: [hane.benke@arcor.de](mailto:hane.benke@arcor.de)

#### Remedial or psycho-educational vaulting & riding

Contact: Angela Bauersfeld

Email: [angelabauersfeld@t-online.de](mailto:angelabauersfeld@t-online.de)

#### Riding as sport for people with disability

Contact: Dr. med. Susanne Fieger

Email: [sfiieger@westpfalz-klinikum.de](mailto:sfiieger@westpfalz-klinikum.de)

#### Ergotherapeutic treatment with the horse

Contact: Melanie Ewerz

Email: [ewerzmelanie@yahoo.de](mailto:ewerzmelanie@yahoo.de)

#### Psychotherapy with horses

Contact: Monika Mehlem

Email: [monika.mehlem@onlinehome.de](mailto:monika.mehlem@onlinehome.de)

#### Science / Universities/ Studies

Contact: Peter Holzmüller

Email: [pholzmueller@schoen-kliniken.de](mailto:pholzmueller@schoen-kliniken.de)

#### Horses/ National Federation (NF)

Contact: Thies Kaspereit

Email: [tkaspereit@fn-dokr.de](mailto:tkaspereit@fn-dokr.de)

#### Miscellaneous

Contact: Bundesgeschäftsstelle DKThR

Email: Bundesgeschäftsstelle DKThR

Contact any of these people with any ideas you may have for the 2009 Congress.



## COMING EVENTS 2008 & 2009

### SEPTEMBER 2008

#### 18 - 20 September:

CNRAFA ANIRE will participate in "Game Festival", Bologna, Italy

#### 19 - 21 September:

"Psycho-motor Therapeutic Vaulting (PMTV)" – 3 day seminar in the Netherlands.

SHP-NL in co-operation with Hippocampus Institute for Equitherapy and Equine Sport Psychology – Cranendonk, The Netherlands. For mental health professionals & specialists in Equine Facilitated Therapy and Therapeutic Riding.

Location: Dr Ulrike Thiel

Contact: [hippocampus@iae.nl](mailto:hippocampus@iae.nl)

Website: [www.hippocampus-nl.com](http://www.hippocampus-nl.com)

#### 25 - 26 September:

ANIRE Conference – Sicilia, Italy.

Contact: D'ssa Daniele Nicolas Citterio

Email: [info@cnanire.it](mailto:info@cnanire.it)

#### 24 - 26 September:

"Clinicas de Equinoterapia" – Puebla, Mexico

An international equestrian meeting will be held in Puebla Mexico. All horse disciplines will be involved. Fernanda Morey Yrigoyen, an Equinoterapist from Peru will conduct 3 clinics – Integral Health; ADD; and Stress and Equinoterapia.

Contact: [fernandamorey@yahoo.com](mailto:fernandamorey@yahoo.com)

#### 26 - 27 September:

20<sup>th</sup> Anniversary Finnish Association of Riding Therapists. Seminar 26 September and evening gala 27 September.

Constitution: Types of horses, Ursula Luethi

Language: German & English

Contact: Sanna Mattila-Rautiainen

Email: [sanna.mattila@saunalahti.fi](mailto:sanna.mattila@saunalahti.fi)

### OCTOBER - NOVEMBER 2008

#### 6 - 12 October:

National Dressage Championships – RDA Australia

The National Dressage Championships for riders with a disability will be held at the National Equestrian Centre, K Road Werribee, Vic. Australia.

Contact: RDA National Office, P.O. Box 2410, Werribee, Victoria, 3030, Australia

Tel: 61 3 9731 7388

Fax: 61 3 9731 7397

Email: [national@rda.org.au](mailto:national@rda.org.au)

#### 9 - 10 October:

Therapeutic Riding Seminar in Korea

Presenters from FRDI and NARHA with Koreans reporting on their activities with medical results. Promotional events for Therapeutic Riding – comprising an introduction to Therapeutic Riding, demonstration and trial rides for participants.

Contact: Amy Lee

Tel: 82 31 461 6637

Mobile: 82 10 9290 7103

Email: [ji02.lee@samsung.com](mailto:ji02.lee@samsung.com)

#### 29 October - 1 November:

NARHA National Conference and Annual Meeting "Lengthening our Stride"

Targeted at the ever-growing field of equine assisted activities and therapies (EAAT), the 2008 NARHA National Conference & Annual Meeting features an impressive array of educational sessions presented by industry experts. It culminates with the annual awards banquet designed to celebrate the innovation, diligence & sometime miraculous accomplishments in the EAAT industry. The Horse Expo and Friday keynote luncheon are perennial highlights.

Location: Hartford Marriott Hotel (in downtown Hartford Connecticut, USA)

Website: [www.NARHA.org](http://www.NARHA.org)

### NOVEMBER 2008

#### 1 November:

Foerderkreis Therapeutisches Reiten 20th Anniversary Celebration.

Reflections on 20 years of training in the field of Therapeutic Riding. Dr Ulrike Thiel will speak on "When does the Horse become a Co-therapeut: The part of the Horse in Therapeutic Riding based on Humanistic Principles".

Location: Wetter, Germany

Contact: Katja Lipp-Roeben

Website: [www.foerderkreis-therapeutisches-reiten.de](http://www.foerderkreis-therapeutisches-reiten.de)

#### 3 - 5 November:

'Horse Training for Therapy' Seminar – Athens, Greece.

Speakers: Marietta Schulz & Andrea Pleuser Bultmann

Contact: T.R.A.G.

Location: P.Kanellopoulou 10, Goudi, Athens, Greece

Tel/Fax: +30 210 7488566

Email: [trag@acn.gr](mailto:trag@acn.gr)

#### 15 - 16 November:

Hippotherapeutic Conference 'Easier with a Horse' – Warsaw, Poland

Polish Hippotherapeutic Assoc. & the Handicapped Children's Aid Foundation HIPOTERAPIA warmly invites you to this conference – organised to celebrate the 20th anniversary of the hippotherapeutic centre of HIPOTERAPIA. On this occasion the heritage of Foundation therapeutic team, as well as one of our guests will be presented.

Websites: [www.hipoterapia.org](http://www.hipoterapia.org)  
[www.pthip.org.pl](http://www.pthip.org.pl)

#### 27 November:

For the 100th birthday of "Croce Rossa Italiana" ANIRE will give a Driving Demonstration.

### DECEMBER 2008

#### 7 - 9 December:

NARHA Registered On-Site Workshop and Certification

Contact: Kristin Mason, Special Programs Manager

Location: High Hopes TR, Inc., Old Lyme, CT USA

Tel: 860-434-1974, Ext. 18

Email: [kmason@highhopestr.org](mailto:kmason@highhopestr.org)

Website: [www.highhopestr.org](http://www.highhopestr.org)

Continued on page 8 >





# FRDI Membership Application



## COMING EVENTS 2008 & 2009 CONTINUED

Name \_\_\_\_\_

Title - Mr/Mrs/Ms/Dr/Other \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_

Postal/Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

Date \_\_\_\_\_

### I wish to apply for membership of FRDI

(tick appropriate box)

Full  Associate  Concession

I enclose my cheque/money order for

I include a donation of

Donation to Mary Selway-Swift Development Fund of

Please charge my membership to my credit card

Visa  Mastercard  American Express

Card Number \_\_\_\_\_

Expiry Date \_\_\_\_\_

Cardholder Name \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_

Signature \_\_\_\_\_

### 10 – 12 December:

High Hopes NARHA Advanced Certification Preparatory Workshop

Contact: Kristin Mason,  
Special Programs Manager

Location: High Hopes TR, Inc., Old Lyme, CT USA

Tel: 860-434-1974, Ext. 18

Email: kmason@highhopestr.org

Website: www.highhopestr.org

### JANUARY 2009

#### 7 January – 6 March:

NARHA Approved Instructor Training Course (8-week)

Contact: Kristin Mason,  
Special Programs Manager

Location: High Hopes TR, Inc., Old Lyme, CT USA

Tel: 860-434-1974, Ext. 18

Email: kmason@highhopestr.org

Website: www.highhopestr.org

#### 7 January – 17 April:

NARHA Approved Instructor Training Course (4-month)

Contact: Kristin Mason,  
Special Programs Manager

Location: High Hopes TR, Inc., Old Lyme, CT USA

Tel: 860-434-1974, Ext. 18

Email: kmason@highhopestr.org

Website: www.highhopestr.org

### APRIL 2009

NARHA Advanced Instructor Certification

Contact: NARHA – Certification Dept.

Tel: 1-800-369-7433

Email: kmason@highhopestr.org

Website: www.narha.org

### MAY 2009

#### 1 – 3 May:

American Hippotherapy Assoc.) Conference

Please submit abstract of papers to:

Deborah Silkwood-Sherer PT, DHS,  
1202 health Profession Building, Central Michigan  
University, Mt Pleasant, MI 48859, USA

or email to: silkw1@mich.edu.

Deadline for submission of papers is 10/3/08

Location: The Westin Atlanta North,  
Atlanta, Georgia, USA

### 1 – 3 May:

CanTRA (Canadian Therapeutic Riding Association) Conference "Liaison Cheval" ("Horse Connection")

See page 6 of this newsletter for more information.

Contact: Louise Niven (CanTRA Office)

Email: ctra@golden.net

Website: www.cantra.ca

### JUNE 2009

#### 13 – 14 June:

A.C.P.T.R. (Assoc. of Chartered Physiotherapists in Therapeutic Riding) – UK. Biennial Conference in Edinburgh, Scotland. Theme: Science Behind our Practice.

Conference will feature main speakers and practical demonstrations. ACPTR hopes that physiotherapists from other countries will be able to join them.

Contact: Geraldine Walker  
gmwalker@lineone.net

Lynne Munro

lynne\_munro6@tiscali.co.uk

### AUGUST 2009

#### 12 – 15 August:

XIIIth International Congress of Therapeutic Riding – Munster Germany

See page 6 of this newsletter for more information. Call for Papers now available.

Contact: Almut Schlingenkotter, DKThR

Location: Freiherr-von-Langen-Str.8a. 48231  
Warendorf, Germany

Tel: 49 (0) 2581-927919-4

Fax: 49 (0) 2581-92719-9

Email: DKThR@fn-dokr.de

#### 20 – 23 August:

FEI Open European Para Equestrian Championships

Location: Kristiansand, Norway

Contact: Ann Kern-Godal

Email: ann@godal.com

CLOSING DATE FOR COPY FOR THE JANUARY 2009 NEWSLETTER IS **DECEMBER 9, 2008**

### NEWSLETTER SPONSORSHIP

2008 & 2009 will be significant years in the development of FRDI - culminating in our international Congress in August 2009. Sponsorship of our newsletter will be a great opportunity to assist with this...and will provide the sponsor with the opportunity for publicity in over 50 different countries and on the web. Contact the office with information regarding potential sponsors or donations for the publication and distribution of the newsletter worldwide.

**Mail to:**  
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**or Email:**  
frdi@rda.org.au

