

**Call for Papers für den XIII. International Congress
of Therapeutic Riding
Münster/ Germany 2009, 12-15 August**

Ladies and Gentlemen,

after the very successful prelude event we held at the 11th January 2008 in the HALLE MÜNSTERLAND , city of Münster in Germany, it is a pleasure for us to invite you to send us your contributions for the **XIII International Congress of Therapeutic Riding**.

All information you need for your application you will find on the following sheets. The congress counts as to continue one's studies.

Kind Regards

Your DKThR

International Patronage:

HRH Prinzessin Haya Bint al Hussein
(FEI President)

National Patronage:

Dr. Ursula von der Leyen
(Federal minister of families)

Organizer:

DKThR e.V.

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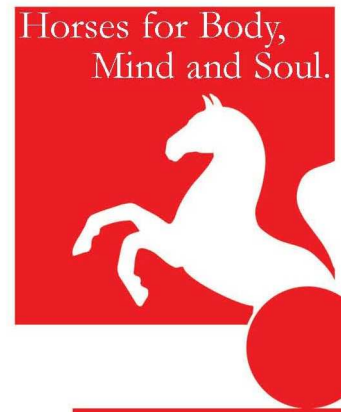
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XIII. International Congress
of Therapeutic Riding
Münster 2009, 12-15 August



*Federation of Riding for
the Disabled International
A.I.S.B.L.*



Main Subjects

Subjects of the congress are theories, methods and results and progress reports of research and practice concerning the **therapy** with the medium horse, considering the subject "The horse in prevention" as well.

The target is to document the level of the scientific research, innovative development as well as the practice to make possible the transfer between:

- science
- medicine
- pedagogic
- psychology
- sport
- therapy
- sick funds
- clients and public

Official languages: German and English

Application for posters and lectures

Please send your application exclusively **online**.

Details you will find on the website www.dkthr.de under "Congress 2009"

Deadline for the application will be the 16th of January 2009.

The information about the acceptance of the contribution will be given per e-mail at the latest until the 13th of February 2009.

The DKThR is not obliged to accept applications/contributions.

The DKThR has all rights reserved to scratch already accepted contributions if

- a) they are not complete and/or faulty
 - b) or if further demanded information do not reach at the appointed time
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Online-applications for lecturers and speakers

All speakers/ lecturers are released to pay entry-fees for all days of the congress.

The participation in "Get Together Party" also is free of charge for speakers and lecturers, included drinks. (Please announce per e-mail) For all other events and parties speakers and lecturers have to pay for.

For all speakers and lecturers we offer a special fee of € 50 for all days of the congress as all in price for meals. Accompanists over 12 years of age pay as well € 50, that less than 12 years of age pay only € 25.

Together with the application you may reserve your hotel accommodation on your own expense.

Nor travelling expenses neither fees can be reimbursed.

Special application-rules

All handed in contributions (performances, sessions, workshops, video-presentations, demonstrations in practice or posters) must refer directly to the Congress motto " HORSES FOR BODY, MIND and SOUL" and they must be attached to one of the below stated themes.

Duration of contributions:

- performances during one session: max. 30 minutes (including 5 minutes for discussion)
- session: max. 90 minutes (consisting of max 3 performances)
- workshop: max. 90 minutes
- video presentations or PPT: min. 20 minutes, max 45 minutes
- demonstrations in practice: max.45 minutes

Publication:

The abstracts will be published on the website www.dkthr.de and in the abstracts-volume. Within the applications the authors agree with the publication of their abstracts.

The following structure of the abstract should be observed:

- a) question
- b) method
- c) result
- d) conclusion

Every abstract is limited to 4.000 letters (space letters included) and has to include all details about the author. The abstract must be written in English **and** German. The author may decide to perform his abstract in English **or** German.

Personal data:

Curriculum vitae – max. three lines with title, place of work, focal points of occupation and investigation.

Optional: How the author can be contacted (will be published).

Summary of the application's content:

1. Personal data
 2. Kind of contribution (performance, session a.s.o.)
 3. Duration of the contribution
 4. Title of the contribution
 5. Attachment to the themes
 6. Group of aim (therapists, scientists, interested people, sick-funds a.s.o.)
 7. Abstract
 8. CV
 9. Desired technique (standard, PC/laptop incl. beamer and laser pointer)
 10. Desired date
-

Specialist areas:

Hippotherapy:

Hippotherapy is a specialist one-to-one physiotherapy treatment based on neuro-physiological principles with and on the horse. It constitutes a valuable intervention to complement neuro-physiological/physiotherapeutic interventions. The physiotherapist with specialist training in hippotherapy is responsible for the treatment; the horse is long-reined by a trained horse handler and the physiotherapist directs the horse handler as to the exact movements she/he wants for the patient. Hippotherapy happens in *walk*; this is because of the similarity of the human movement patterns in walking and on a walking horse. Making use of these movement patterns allows for optimum development of the neuro-physiological effects of hippotherapy.

Psycho-educational Riding and Vaulting

„Horses can be used to support the pedagogic/educational and psychological development of people of all ages, as well as to aid their rehabilitation and integration. The emphasis can be on learning, cognitive, socio-emotional and/or motor development etc. Guided by each individual client's needs the sessions can be in a one-to-one format or in a group setting. The movement dialogue between horse and client is utilised as an impulse for the development of relationships and of learning processes.“

Riding as a sport for people with disabilities

Riding instructors with specialist qualifications support people with physical or sensual impairments in their equestrian sport. These riders, in spite of their sometimes severe disability, are able to ride a suitable horse independently and are able to understand and apply the principle of giving aids. The styles of riding used in Western riding and Icelandic horse riding, as well as driving, are also suited to people with disabilities.

People with learning difficulties can enjoy the movement dialogue with the horse as a public health measure, while people with physical impairments can be supported in their riding activities within a riding club that integrates people with disabilities, and may get up to competitive dressage level. Specialist equipment (compensatory tack) and an international competition system (in Germany combined with a sport health passport) need to be part of this process, as well as well schooled horses.

Occupational Therapy with the horse

Occupational therapy supports and provides companionship to people of all ages who are restricted in their activities of daily living or who are at risk of such restrictions. The goal is to support and enable them within their personal environment in activities that are important to them in the domains of caring for self, productivity and leisure. Specific activities, including the use of the horse, environmental adaptations and advice, facilitate people's independence in daily activities, participation in social life and improved quality of life.

Psychotherapy with the horse

Psychotherapy means „caring for the soul“ and also „accompanying somebody's journey“. It is directed at people with mental health and/or psychosomatic problems and in specific crises. The goal of psychotherapeutic interventions is to re-establish mental health, i.e. the perceived balance of body, soul and mind (action/behaviour, emotions and thinking).

Different schools focus on conscious or subconscious psychodynamic processes and differ in the type of intervention (e.g. verbal-nonverbal, physical, imaginative, expressive). Treatment is carried out by specialist and licensed psychotherapists. The horse can be used as a contact partner, as a strong being who literally carries the client, as spiritual companion, or as a mirror, that makes the client aware of his/her uncovered potential, dark sides and projection phenomena. In psychotherapy horses are equal to humans as living beings.

Horses in therapy

Irrespective of the type of therapy and of the human beings a horse is to be used for, different types of horses are required (e.g. strong robust horse, slim pony, fluent warmblood).

All therapy horses should share a friendly character which is curious and trusting towards humans and their environment. This should be associated with a willingness to work consistently and keenly in spite of difficult circumstances at times.

The horse receives a good general training and schooling and is continuously schooled to maintain his suppleness and physical and mental balance to keep him up to the demands of work in hippotherapy and sports riding for the disabled.

Topics from equine assisted therapy

Exhibitions

The participants have the possibility to exhibit their products and/or services. Terms can be asked at the MCI, Mr. Tim Schmidt-Lange (e-mail: tim.schmidt-lange@mci-group.de)

If you do have questions, remarks or desires, please do not hesitate to contact us

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All information about the XIII. Congress for Therapeutic Riding you may find on our website: www.dkthr.de

We would appreciate if you could forward the "Call of Papers" to all interested people.