

ARTICLE SIX

*THERAPEUTIC RIDING AND THE LIFE QUALITY
OF CHILDREN WITH CEREBRAL PARALYSIS*

Although the concept of rehabilitation and recreation of people with certain disabilities is still rather unknown, it is becoming more and more popular. Information in media indicates that therapeutic riding has a positive effect on the rider's quality of life.

According to that, the general goal of this research was set to examine the effect of therapeutic riding on some life quality aspects of children with cerebral paralysis, who are attending a programme of therapeutic riding in the association Krila in Zagreb.

Additionally, more specific goals were formed: to examine how parents evaluate the effect of therapeutic riding on physical, psychological and socio-educational aspects of their children and also examine their opinion regarding therapeutic riding and their satisfaction with the programme.