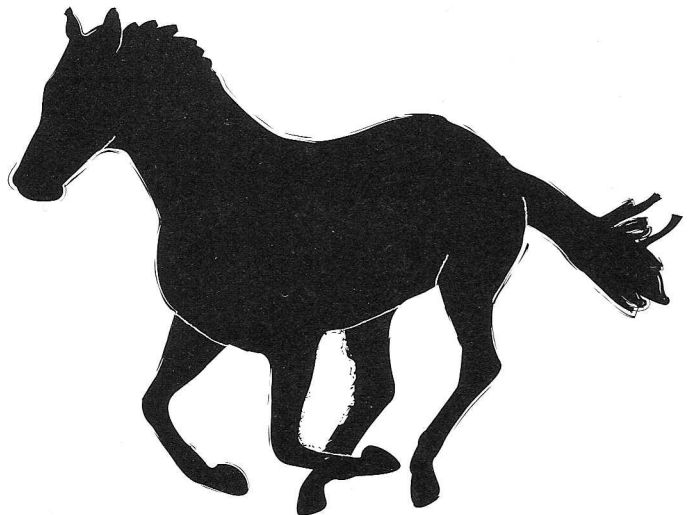


ARTICLE ONE

EFFECTIVENESS OF HIPPO THERAPY IN DIFFERENT COUNTRIES: A PERSPECTIVE ON FACTORS CONTRIBUTING TO THE QUALITY OF HIPPO THERAPY

DOROTHEE DEBUSE, D.P.T., Northumbria University, UK



ARTICLE ONE

EFFECTIVENESS OF HIPPO THERAPY IN DIFFERENT COUNTRIES: A PERSPECTIVE ON FACTORS CONTRIBUTING TO THE QUALITY OF HIPPO THERAPY

ABSTRACT

The purpose of this paper was to explore the effectiveness of hippo therapy in the UK and Germany. A mixed methods study design, which involved a questionnaire survey of physiotherapists practising hippo therapy (HT) in the UK and in Germany, followed by in depth semi-structured interviews and focus groups of child and adult users of hippo therapy +/- their parents, again in both countries was used. Conclusions study showed that hippo therapy has very positive effects on people with cerebral palsy. However, the positive effects correlated with the quality of the horse and the quality of the treating therapist.