

# IMPROVED GAIT IN TWO CHILDREN WITH CEREBRAL PALSY AFTER HIPPO THERAPY: TWO CASE REPORTS

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## ABSTRACT:

*The following case studies show how specific blocks of hippotherapy, targeted at gait improvements, were used successfully to augment usual physiotherapy programme.*

*Two children with cerebral palsy were included in a hippotherapy programme to improve specific aspects of their gait. The hippotherapy was integrated into their existing physiotherapy management and was planned in blocks of 6 - 10 sessions.*

*Each child was jointly assessed by the physiotherapist managing their care and the physiotherapist practising the hippotherapy. The children were reassessed after each block and improvements measured. Both children made significant improvements in their walking pattern.*