



# Conductive Education with The Best of Scottish Practice and the Horse

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## Key Words

Riding for the Disabled; Conductive Education; Cerebral Palsy; Motivation; Achievement

## Summary

Conductive Education (CE) and Riding for the Disabled (RDA) are very similar concepts. Both motivate a child to achieve. They use adults to aid the children to learn and aids to help them accomplish their goals. To integrate the two completely, there are a number of additional CE concepts required; introduction of the task series, hand function, cognitive skills, language and rhythmical intention, the theme and generalisation.

A group of ten CP children from the Craighalbert Centre were introduced to RDA and the CE system of learning was implemented. The merge of the two approaches worked extremely well.

Much discussion and planning was needed to construct this merge but as the two concepts complemented each other and maximised the children's potential, the extra work was well worth it.

The aim of this paper is to identify the similarities between Therapeutic Riding for the Disabled and Conductive Education. It will further explore the possibilities for integrating the two approaches.